WELLBOOST

The WELLBOOST project aims to enhance Ukrainian secondary students' mental health and psycho-social wellbeing by developing their core life skills through an innovative Digital Life Skills Simulator and comprehensive Methodological Guidebook with game-based activities. The project will equip educators with practical tools to create supportive environments where Ukrainian students can thrive alongside their peers, fostering resilience and successful integration in European schools.

RESULTS:

- Digital Life Skills Simulator with scenario-based questions and bite-size learning elements in 7 languages;
- Methodological Guidebook for educators;
- International Training & Multiplication workshops;
- Game-Based sessions in real calsroom environments;
- Video Book with good practices;
- National "Skills for Tomorrow" Events and International WELLBOOST Conference;



WELLBOOST

www.wellboost.eu

BOOSTING LIFE SKILLS AND PSYCHO-SOCIAL WELLBEING OF UKRAINIAN STUDENTS IN EUROPEAN SCHOOLS

2025-1-CZ01-KA220-SCH-000364642

TARGET GROUPS:

Primary:

- Ukrainian secondary students (14-19 years old)
- Secondary school educators, working with Ukrainian students
- Schools, and providers of formal and non-formal education to Ukrainian students
- Local secondary students in the same schools, who interact with Ukrainian peers

Secondary:

- School directors and administrators
- Parents/relatives/host families of Ukrainian secondary students,
- Providers of mental health services to students and refugees
- Refugee organisations and associations who work with Ukrainian students and their families

Youth Health Organization INTERNATIONAL

AMIGA

tetra solutions

UNIVERSITY OF LODZ

Δ.Δ.Ε. ΧΑΝΙΩΝ

Directorate of Secondary Education of Chania

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